



**Drs Benjafield, Rowland, Dunne, Tanner, Fox, Ali, Miles,
Whitfield & Cook**
Peverell Park Surgery
The Stables
Pounds House
Peverell
Plymouth PL2 3PX
Tel: 01752 766644

Travel Vaccinations Assessment & Travel Advice

Due to Department of Health & Social Care changes in the guidance to administering travel vaccines and advice given to patients, this Surgery will no longer be offering travel advice. Travel advice is a specialist area of medicine and there are comprehensive and reliable sources available on line or at local travel clinics.

If you are travelling and think you may need vaccinations this is what you will need to do.

1. Access www.nathnac.et or www.travelhealthpro These are NHS approved sites which are reliable and up-to-date.
2. Review list of vaccines recommended. The NHS only offers:
 - Diphtheria
 - Polio
 - Tetanus
 - Cholera
 - Typhoid
 - MMR
 - Hepatitis A

If any of the vaccinations you think you require are not listed the NHS will NOT provide them. You will need to visit a travel clinic; your local pharmacy or the internet can advise you of your closest travel clinic.

The travel clinic will provide advice, give the vaccinations that are available on the NHS and charge a fee. They will also advise on malaria risk and provide anti-malarial medications as appropriate.

3. If you require one of the free NHS vaccinations please call the Surgery on 01752 766644 and tell one of our Care Advisors that you require an NHS provided travel vaccination. She will ask which vaccine and book an appointment with one of our Nurses. During the appointment the Nurse will ask where you sought specialist travel advice and will record this in your medical records. She will check your vaccination history and given the vaccinations you require without giving further travel advice. The Nurse is not insured to give specialist travel advice; other than for the free NHS vaccinations.

Vaccinations sometimes require time and boosters so it is advisable to start planning 6 – 8 weeks prior to travel.